Lunch Menu

WEEK ONE - SPRING SUMMER

(Ve) vegan option



SI	ľχ	R
D	IS	н
		ST*







Green Earth	Tuesday	Wednesday	Thursday	Friday
Monday				
Grilled Quorn Sausages served with Mash &Rich Onion Gravy	Chilli Con Carne with Yucatan Rice	Roast Gammon with Gravy& Roasties	Chicken ,Chickpea & Coconut Korma with Steamed Rice	Sustainably Sourced Battered Fish & Chips
Mexican Vegetable Quesadilla with warm Nachos (V)	Chilli Sin Carne with Yucatan Rice(ve)	Roast Quorn with Gravy& Roasties	Roasted Coriander Aubergine & Sri Lankan Dhal with Steamed Rice	Cheese & Tomato Pizza & Chips
Vegan Sausage Roll (ve)	Jacket Potato with Beans	Pepperoni or Cheese &Tomato Pizza Baguette	Buffalo Hot Dog	Jacket Potato with Cheese
Broccoli, Baked Beans, Mixed Salad	Fajita Roasted Sweetcorn &Peppers Baked Beans, Mixed Salad	Country Mixeed Vegetables, Baked Beans, Mixed Salad	Green Beans, Baked Beans, Mixed Salad	Peas, Baked Beans, Mixed Salad
Chocolate Rock Cake	Jam Bun	Iced Ginger Cake	Giant Chocolate Cookie	Lemon Curd Bun







Lunch Menu



WEEK TWO - SPRING SUMMER

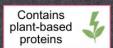
(Ve) vegan option

	Green Earth	Tuesday	Wednesday	Thursday	Friday
	Monday				
	Cheese &	Jerk Chicken	Grilled Pork	Chicken & Lentil	Sustainably
	Tomato 'pizza'	Drumstick with	Sausages	Balti with Rice	Sourced
ST*R DISH	Macaroni	Rice & Peas	served with		Battered Fish &
	Cheese		Mash & Rich		Chips
			Onion Gravy		
	Korean Sweet &	Mexican Quorn	Moroccan	Roasted	Cheese &
	Sour Vegetables	Rice Bowl with	Chickpea &	Cauliflower,	Tomato Pizza &
	with Steamed	Crispy Baked	Lemon Tagine	Chickpea &	Chips
MEAT FREE	Rice	Tortilla ,Lettuce	with Fluffy.	Coconut Curry	
	300	& Salsa	Couscous(ve)	with Steamed	
				Rice	
				D	,
	Jacket Potato	Fish Finger Bap	BBQ Chicken	Jacket Potato	Jacket Potato
ĞRAB &GO÷	With Tuna or	With Mayo	Wrap	with Cheese	With Beans
200	Beans			400	
	Peas, Baked	Fajita Roasted	Broccoli, Baked	Garlic Green	Peas,
	Beans, Mixed	Sweetcorn &	Beans, Garden	Beans	Baked Beans,
	Salad	Peppers,	Salad	Baked Beans,	Mixed Salad
		Baked Beans,		Mixed Salad	
		Mixed Salad			
					4
	Lemon &	Rock Cake	Iced Vanilla	Cornflake Cake	Giant Chocolate
H#T PUDS	Blueberry Slice		Sponge with		Cookie
PUDS			Sprinkles		









Lunch Menu



WEEK THREE – SPRING SUMMER (Ve) vegan option

	Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
ST*R DISH	Cheesey'Plant' Meatless Ball Arrabiata & Grilled Garlic Bread	Jerk Chicken With Rice & Peas	Penne Pasta Bolognese Bake	Spicy Chicken Jalfrezi & Steamed Rice	Sustainably Sourced Battered Fish & Chips
MEAY	Vegan Bolognese Pasta Bake	Mexican Vegetable Tostada	Mediterranean Vegetable Lasagne (v)	Japanese Roasted Aubergine,Edamame & Sweet Potato Curry with Steamed Rice (ve)	Cheese & Tomato Pizza & Chips
ĞRAB & GO+	Vegetable Cheese Burger	Pepperoni or Cheese & Tomato Pizza Baguette	Jacket Potato With Beans	Sausage Roll	Pepperoni Pizza & Chips
	Garlic Green Beans, Baked Beans, Garden Salad	Roasted Sweetcorn, Wedges Baked Beans, Mixed Salad	Garlic Bread Baked Beans, Mixed Salad	Garlic Green Beans Baked Beans, Mixed Salad	Baked Beans, Mixed Salad
H@T PUDS	Homemade Oaty Flapjack (ve)	Krispy Bite	Homemade Lemon Drizzle Cake (ve)	Iced Orange & Ginger Traybake	Giant Vanilla Cookie (ve)

