














# Lunch Menu

## WEEK ONE – SPRING SUMMER

(Ve) vegan option



Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
Grilled Quorn Sausages served with Mash & Rich Onion Gravy 	Chilli Con Carne with Yucatan Rice 	Roast Gammon with Gravy & Roasties	Chicken, Chickpea & Coconut Korma with Steamed Rice	Sustainably Sourced Battered Fish & Chips
Mexican Vegetable Quesadilla with warm Nachos (V) 	Chilli Sin Carne with Yucatan Rice (ve) 	Roast Quorn with Gravy & Roasties	Roasted Coriander Aubergine & Sri Lankan Dhal with Steamed Rice 	Cheese & Tomato Pizza & Chips
Vegan Sausage Roll (ve) 	Jacket Potato with Beans 	Pepperoni or Cheese & Tomato Pizza Baguette	Buffalo Hot Dog	Jacket Potato with Cheese 
Broccoli, Baked Beans, Mixed Salad 	Fajita Roasted Sweetcorn & Peppers Baked Beans, Mixed Salad 	Country Mixed Vegetables, Baked Beans, Mixed Salad 	Green Beans, Baked Beans, Mixed Salad 	Peas, Baked Beans, Mixed Salad 
Chocolate Rock Cake	Jam Bun	Iced Ginger Cake	Giant Chocolate Cookie	Lemon Curd Bun

Portion(s) of fruit or veg



Source of Wholegrain



Contains plant-based proteins



# Lunch Menu



## WEEK TWO – SPRING SUMMER

(Ve) vegan option



	Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
STAR DISH	Cheese & Tomato 'pizza' Macaroni Cheese	Jerk Chicken Drumstick with Rice & Peas	Grilled Pork Sausages served with Mash & Rich Onion Gravy	Chicken & Lentil Balti with Rice	Sustainably Sourced Battered Fish & Chips
MEAT FREE	Korean Sweet & Sour Vegetables with Steamed Rice	Mexican Quorn Rice Bowl with Crispy Baked Tortilla, Lettuce & Salsa	Moroccan Chickpea & Lemon Tagine with Fluffy Couscous(ve)	Roasted Cauliflower, Chickpea & Coconut Curry with Steamed Rice	Cheese & Tomato Pizza & Chips
GRAB & GO	Jacket Potato With Tuna or Beans	Fish Finger Bap With Mayo	BBQ Chicken Wrap	Jacket Potato with Cheese	Jacket Potato With Beans
	Peas, Baked Beans, Mixed Salad	Fajita Roasted Sweetcorn & Peppers, Baked Beans, Mixed Salad	Broccoli, Baked Beans, Garden Salad	Garlic Green Beans Baked Beans, Mixed Salad	Peas, Baked Beans, Mixed Salad
HOT PUDS	Lemon & Blueberry Slice	Rock Cake	Iced Vanilla Sponge with Sprinkles	Cornflake Cake	Giant Chocolate Cookie

Portion(s) of fruit or veg



Source of Wholegrain



















Contains plant-based proteins



# Lunch Menu

## WEEK THREE – SPRING SUMMER

(Ve) vegan option

	Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
	Cheesy'Plant' Meatless Ball Arrabiata & Grilled Garlic Bread 	Jerk Chicken With Rice & Peas	Penne Pasta Bolognese Bake 	Spicy Chicken Jalfrezi & Steamed Rice 	Sustainably Sourced Battered Fish & Chips
	Vegan Bolognese Pasta Bake 	Mexican Vegetable Tostada 	Mediterranean Vegetable Lasagne (v) 	Japanese Roasted Aubergine, Edamame & Sweet Potato Curry with Steamed Rice (ve) 	Cheese & Tomato Pizza & Chips
	Vegetable Cheese Burger	Pepperoni or Cheese & Tomato Pizza Baguette	Jacket Potato With Beans	Sausage Roll	Pepperoni Pizza & Chips
	Garlic Green Beans, Baked Beans, Garden Salad 	Roasted Sweetcorn, Wedges Baked Beans, Mixed Salad 	Garlic Bread Baked Beans, Mixed Salad 	Garlic Green Beans Baked Beans, Mixed Salad 	Baked Beans, Mixed Salad 
	Homemade Oaty Flapjack (ve)	Krispy Bite	Homemade Lemon Drizzle Cake (ve)	Iced Orange & Ginger Traybake	Giant Vanilla Cookie (ve)

